2024 RECREATION WRESTLING PROGRAM

Area Youth Ages 4 to 12

The Recreation Wrestling program sponsored by the USD 244 Recreation Commission and the Burlington High School Wrestling Squad is designed to introduce students to the FUN and EXCITING sport of amateur wrestling. The High School coaches and wrestlers will teach basic wrestling holds, moves and terminology to both boys and girls. On the fourth night, the boys and girls will compete in an intramural tournament against other students of approximately the same age and weight. The intramural tournament will be held in the high school wrestling addition, and is a great chance for the entire family to come out and learn about the sport of wrestling. **Each wrestler will receive a Recreation Wrestling T-Shirt and will earn a Medal for competing in the tournament given to them on the wrestling awards stand.**

AGES: BOYS & GIRLS ages 4-12.

PRACTICES: 3 Mondays - November 18, 25, December 2 from 5:15-6:15 p.m.

TOURNAMENT: Monday, December 9 at 5:30 p.m. in the High School Wrestling Addition.

LOCATION: High School Wrestling Addition (enter through the Northwest Activity Entrance)

FEE: $15 Indistrict; $18 Out of District (Each wrestler will receive a t-shirt and earn a medal for participation in the tournament.)

2024
RECREATIONAL WRESTLING
FEE: $15 Indistrict; $18 Out of District

NAME_____ GRADE_____ AGE_____

ADDRESS_____

DATE OF BIRTH_____ PHONE (W)_____ PHONE (H)_____

SHIRT SIZE: YM YL AS AM AL e-mail_____

CONSENT TO PARTICIPATE

I, the undersigned, do hereby acknowledge that we are aware that in all sports there is the potential for injury. Some accidents could conceivably result in injuries that are very serious and/or life threatening. We further acknowledge that the participant listed above is physically able to participate in the youth wrestling program sponsored by the USD 244 Recreation Commission.

List any medical conditions, if any_____

_____ _____
Parent/Guardian Signature Date

OFFICE USE ONLY: **Paid $_____ Date_____Receipt #_____ Initials_____**